

Questions to ask before joining a clinical trial

To make sure you fully understand the trial, ask the following questions before signing up:

- What is the purpose of the trial, and what is it trying to accomplish?
- What treatments will be used and how?
- What are the possible benefits and risks?
- How long will the trial last?
- What kind of care will I receive during the trial?
- Will I need to pay for anything during the trial?



Scan QR code or visit
NYU Langone Health's
clinical trials website at
clinicaltrials.med.nyu.edu/



Understanding Clinical Trials: A Community Guide

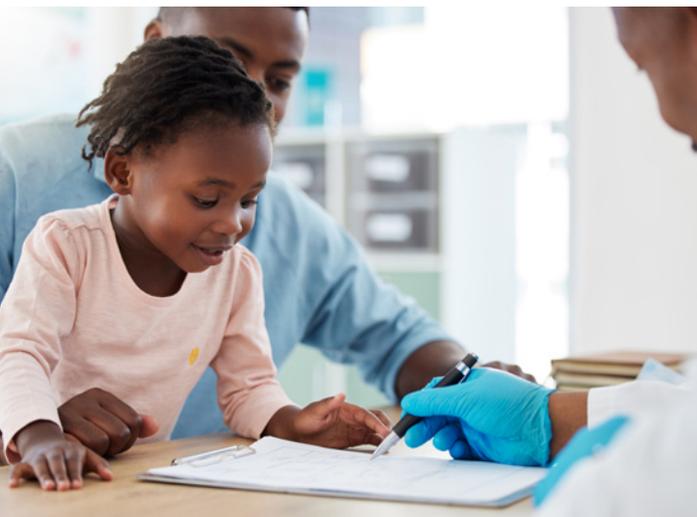


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Why are clinical trials important?

Clinical trials are research studies that help scientists and medical professionals study diseases and test new treatments to make sure they are safe and work well. They are important for improving healthcare and finding better ways to prevent, identify, or treat health problems.

If you join a clinical trial, it can give you the chance to try new treatments and get care from a team of experts. By volunteering, you can also help advance medical research and improve health for future generations.



Why should you join a clinical trial?

Access to Experimental Interventions:

Clinical trials explore new ways of preventing, diagnosing, or managing a condition before they become available to the public, though benefits are not guaranteed.

Contribute to Medical Research:

By participating, you help researchers learn more about various conditions and develop better treatments.

Help Others: Even if the study does not help you personally, the information collected may benefit others in the future.

How long do trials last?

The length of a trial depends on what is being studied. Some clinical trials are very short, lasting only a few days, while others may continue for several years. You will be told how long a trial will last before you decide to join.



What are the different types of trials?

- New medicines, vaccines, or lifestyle changes to prevent diseases
- New or better ways to diagnose diseases or identify health problems
- Strategies to promote healthy living
- New procedures, medicines, or therapies to treat diseases



How to find clinical trials?

- **Ask Your Doctor:** Your healthcare provider can help you find clinical trials that might be a good fit for you.
- **Use Online Resources:** Scan the QR code in this guide to search for clinical trials near you.