

## Why are clinical trials important?

Clinical trials are vital for discovering new treatments and can offer you new options for care. By participating, you can contribute to the advancement of medical research and potentially benefit from cutting-edge treatments. Use the resources in this guide to find clinical trials that may be right for you.



## Understanding Clinical Trials: A Community Guide



Scan QR code or visit  
NYU Langone's clinical  
trials website at  
[clinicaltrials.med.nyu.edu/](https://clinicaltrials.med.nyu.edu/)



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Clinical trials are research studies involving people that help scientists and medical professionals see if a new treatment is safe and effective. They play an important role in improving our healthcare and the health conditions of our communities.

These studies follow strict guidelines to ensure the safety of participants and the trustworthiness of the results.

## Why participate?

**Help Others:** Your participation can help advance medical knowledge and benefit future patients.

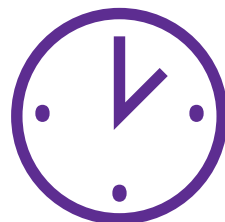
**Access New Treatments:** You may have the opportunity to receive new treatments before they are widely available.

**Get High Quality Care:** Participants often receive close monitoring and care from a team of healthcare professionals.



## How long do trials last?

The length of a trial depends on what is being studied. Study participants are told how long a trial will last prior to enrollment.



## What are the different types of trials?

1. Trials that use new medicines, vaccines, or lifestyle changes to try to stop diseases before they start
2. Trials that study new ways to identify or diagnose diseases
3. Trials that search for ways to encourage healthy living
4. Trials that test new medical treatments, drugs, or surgical procedures for diseases
5. Trials that try to improve a person's overall well-being following certain diagnoses or therapies

## How to find clinical trials?

- **Consult Your Doctor:** Your healthcare provider can help you find clinical trials that might be a good fit for you.
- **Use Online Resources:** Scan the QR code provided to search for clinical trials.
- **Ask Questions:** Ensure you understand what the trial involves before deciding to participate.

## Questions to ask before joining a clinical trial

- What is the purpose of the trial?
- What treatments will be used and how?
- What are the potential benefits and drawbacks?
- How long will the trial last?
- What kind of care will I receive during the trial?
- Will I need to pay for any part of the trial?

Clinical trials can help researchers discover new treatments and options for care. By participating, you can contribute to the advancement of medical research and may receive treatments that help you now or others in the future.